

Fortisip

A ready-to-drink, high energy, nutritionally complete, oral nutritional supplement containing 300kcal and 12g protein per 200ml bottle

Features

- Suitable as a sole source of nutrition or as a nutritional supplement
- Added carotenoids reflecting general health recommendations for their antioxidant properties and positive effect on immune function
- Fibre free (except for Chocolate variety which contains 0.6g fibre per bottle)
- Available in 4 flavours
- User friendly, easy to hold plastic bottle with straw attached and resealable cap

Indications

For the dietary management of:

- Disease related malnutrition
- Patients with high energy and protein requirements
- Low residue diet

Important Notice

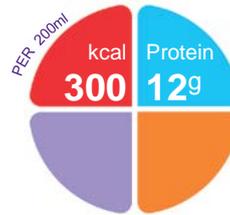
- Not suitable for patients with galactosaemia
- Not suitable for infants under 1 year of age
- Use with caution in children aged 1-6 years

Directions for Use

- Best served chilled
- Shake well before use
- Usage to be determined by a healthcare professional
- **Suggested intake:**
 - 1-3 bottles/day as a supplement or
 - 5-7 bottles/day as a sole source of nutrition

Storage

- Store in a cool, dry place
- Once opened, store in the refrigerator
- Discard unused content after 24 hours



Ordering Information

- To order contact Nutricia Customer Care 1800 889 480

Fortisip	Presentation	Code	Units per carton
Chocolate	200ml bottle	52352	24
Vanilla	200ml bottle	52356	24
Strawberry	200ml bottle	52354	24
Banana	200ml bottle	52351	24

Ingredients

Fortisip Vanilla: water, maltodextrin, milk protein (sodium caseinate), sucrose, vegetable oil (canola oil, sunflower oil), tri potassium citrate, emulsifier (soy lecithin), flavour (vanilla), magnesium chloride, acidity regulator (citric acid), tri calcium phosphate, carotenoids (contains soy) (β -carotene, lutein, lycopene), choline chloride, calcium hydroxide, potassium hydroxide, sodium L-ascorbate, ferrous lactate, zinc sulphate, colour (curcumin), magnesium hydroxide, nicotinamide, retinyl acetate, copper gluconate, DL- α tocopheryl acetate, sodium selenite, manganese sulphate, calcium D-pantothenate, chromium chloride, D-biotin, cholecalciferol, thiamin hydrochloride, pteroylmonoglutamic acid, pyridoxine hydrochloride, cyanocobalamin, sodium molybdate, riboflavin, sodium fluoride, potassium iodide, phytomenadione.

A food for special medical purposes; to be used under strict medical supervision.

For more information call the
Nutricia Clinical Care Line 1800 060 051

Fortisip

choc = chocolate

Nutrition Information		Per 100ml	Per 200ml
Energy	kcal	150	300
	kJ	630	1260
Protein	g	6 (16%E)	12
Casein	g	6 (5.7 choc)	12 (11.4 choc)
Carbohydrate	g	18.4 (49%E)	36.8
Sugars	g	6.7	13.4
as Lactose	g	<0.025	<0.05
Fat	g	5.8 (35%E)	11.6
Saturates	g	0.6 (0.7 choc)	1.2 (1.4 choc)
Monounsaturates	g	3.5 (3.4 choc)	7.0 (6.8 choc)
Polyunsaturates	g	1.8 (1.7 choc)	3.6 (3.4 choc)
$\omega 6 / \omega 3$ ratio		4.8:1	4.8:1
Fibre	g	0 (0.3 choc)	0 (0.6 choc)
Water	ml	78 (77 choc)	156 (154 choc)

Minerals		Per 100ml	Per 200ml
Sodium	mg	90	180
	mmol	3.9	7.8
Potassium	mg	159	318
	mmol	4.1	8.2
Calcium	mg	91	182
Phosphorus	mg	78	156
Magnesium	mg	23	46
Chloride	mg	87	174
Ca:P ratio		1.2:1	1.2:1

Vitamins		Per 100ml	Per 200ml
Vitamin A	$\mu\text{g-RE}$	123	246
Vitamin D	μg	1.1	2.2
Vitamin E	$\text{mg-}\alpha\text{-TE}$	1.9	3.8
Vitamin K	μg	8	16
Vitamin C	mg	15	30
Thiamin	mg	0.23	0.46
Riboflavin	mg	0.24	0.48
Niacin	mg NE	2.7	5.4
Vitamin B6	mg	0.26	0.52
Vitamin B12	μg	0.32	0.64
Folic Acid	μg	40	80
Pantothenic Acid	mg	0.8	1.6
Biotin	μg	6	12

Trace Elements		Per 100ml	Per 200ml
Iron	mg	2.4	4.8
Zinc	mg	1.8	3.6
Manganese	mg	0.5	1
Copper	μg	270	540
Iodine	μg	20	40
Molybdenum	μg	15	30
Selenium	μg	8.6	17.2
Chromium	μg	10 (15 choc)	20 (30 choc)
Fluoride	mg	0.15	0.3

Other		Per 100ml	Per 200ml
Carotenoids	mg	0.3	0.6
Choline	mg	55	110
Osmolality	mOsmol/kg H ₂ O	590 (580 choc)	590 (580 choc)

